

Fort Henry Heights Skating Club – Calendar - October 2025

0925

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	3	4 Constantine (see schedule below) Adult/Teen (see schedule below)
5 Constantine (see schedule below)	6 Cataraqi Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	7	8	9 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	10	11 Constantine (see schedule below) Adult/Teen (see schedule below)
12 Constantine (see schedule below)	13 NO SKATING 	14	15	16 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	17 Constantine Friday Slice of ice 7:00-8:50 pm STAR 3-Gold	18 Constantine (see schedule below) Adult/Teen (see schedule below)
19 Constantine (see schedule below)	20 Cataraqi Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	21	22	23 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	24 Constantine Friday Slice of ice 7:00-8:50 pm STAR 3-Gold	25 Constantine (see schedule below) Adult/Teen (see schedule below)
26 Constantine (see schedule below)	27 Cataraqi Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	28	29	30 Cataraqi Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	31 	1 NOVEMBER Constantine (see schedule below) "Costume Day" Adult/Teen (see schedule below)

CONSTANTINE - Saturday Schedule

6:00-8:50 am STAR 6-GOLD
7:50-8:50 am FLOOD
8:00-8:50 am STAR 3-5 & STAR 6-GOLD GROUPS (Plus 7:10-8:00 am)
8:50-9:00 am FLOOD
9:00-9:50 am PRE STAR AND STAR 1-2
9:50-10:00 am CANSKATE SET UP
10:00-10:45 am CANSKATE/ PRE CANSKATE/PARENT ASSIST (A Session)
10:45-11:30 am CANSKATE /PRE CANSKATE/PARENT ASSIST (B Session)
Note: CanSkate Sessions include 10 minute off-ice warm up
A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am
Adult/Teen -- 7:00-7:45 pm A/CANSKATE 1-3 7:45-8:30 pm A/CANSKATE 4-6
7:00-8:50 pm A/STAR 1-3 GROUP 7:00-8:50 pm A/STAR Ice

CONSTANTINE - Sunday Schedule

6:00-8:50 am STAR 6-GOLD
7:50-8:50 am FLOOD
8:00-8:50 am STAR 3-5 & STAR 6-GOLD GROUPS (Plus 7:10-8:00 am)
8:50-9:00 am FLOOD
9:00-9:50 am PRE STAR AND STAR 1-2
9:50-10:00 am CANSKATE SET UP
10:00-10:45 am CANSKATE/PRE CANSKATE /PARENTASSIST (A Session)
10:45-11:30 am CANSKATE/PRE CANSKATE /PARENTASSIST (B Session)
Note: CanSkate Sessions include 10 minute off-ice warm up
A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am