

Fort Henry Heights Skating Club – Calendar – January 2026

1225

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 HAPPY NEW YEAR!	2 NO SKATING	3 Constantine (see schedule below) Adult/Teen (see schedule below)
4 Constantine (see schedule below)	5 Catarauqui Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	6	7	8 Catarauqui Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	9 Constantine Friday Slice of ice 7:00-8:50 pm STAR 3-Gold	10 Constantine (see schedule below) Adult/Teen (see schedule below)
11 Constantine (see schedule below)	12 Catarauqui Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	13	14	15 Catarauqui Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	16 Constantine Friday Slice of ice 7:00-8:50 pm STAR 3-Gold	17 Constantine (see schedule below) Adult/Teen (see schedule below)
18 Constantine (see schedule below)	19 Catarauqui Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	20	21	22 Catarauqui Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	23 STARSkate Simulations (Sched TBA)	24 Constantine (see schedule below) Adult/Teen (see schedule below)
25 Constantine (see schedule below)	26 Catarauqui Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	27	28	29 Catarauqui Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	30	31 Constantine (see schedule below) Adult/Teen (see schedule below)

CONSTANTINE - Saturday Schedule

6:00-8:50 am **STAR 6-GOLD**
7:50-8:50 am FLOOD
 8:00-8:50 am **STAR 3-5 & STAR 6-GOLD GROUPS (Plus 7:10-8:00 am)**
8:50-9:00 am FLOOD
 9:00-9:50 am **PRE STAR AND STAR 1-2**
9:50-10:00 am CANSKATE SET UP
 10:00-10:45 am **CANSKATE/ PRE CANSKATE (A Session)**
 10:45-11:30 am **CANSKATE /PRE CANSKATE (B Session)**
Note: CanSkate Sessions include 10 minute off-ice warm up
A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am
Adult/Teen -- 7:00-7:45 pm **A/CANSKATE 1-3** 7:45-8:30 pm **A/CANSKATE 4-6**
 7:00-8:50 pm **A/STAR 1-3 GROUP** 7:00-8:50 pm **A/STAR Ice**

CONSTANTINE - Sunday Schedule

6:00-8:50 am **STAR 6-GOLD**
7:50-8:50 am FLOOD
 8:00-8:50 am **STAR 3-5 & STAR 6-GOLD GROUPS (Plus 7:10-8:00 am)**
8:50-9:00 am FLOOD
 9:00-9:50 am **PRE STAR AND STAR 1-2**
9:50-10:00 am CANSKATE SET UP
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