

Fort Henry Heights Skating Club – Calendar -October 2024

0924

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 "60 YEARS"		1	2	3 Catarqui Kinsmen Ice 4:00-5:20 pm STAR 5-Gold 4:30-5:20 pm STAR 1-4 Plus	4	5 Constantine (see schedule below) Adult/Teen (see schedule below)
6 Constantine (see schedule below)	7 Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-4 STAR 5-GOLD	8	9	10 Catarqui Kinsmen Ice 4:00-5:20 pm STAR 5-Gold 4:30-5:20 pm STAR 1-4 Plus	11	12 Constantine (see schedule below) Adult/Teen (see schedule below)
13 Constantine (see schedule below)	14 No Skating 	15	16	17 Catarqui Kinsmen Ice 4:00-5:20 pm STAR 5-Gold 4:30-5:20 pm STAR 1-4 Plus	18	19 Constantine (see schedule below) Adult/Teen (see schedule below)
20 Constantine (see schedule below)	21 Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-4 STAR 5-GOLD	22	23	24 Catarqui Kinsmen Ice 4:00-5:20 pm STAR 5-Gold 4:30-5:20 pm STAR 1-4 Plus	25	26 Constantine (see schedule below) "Costume Day" Adult/Teen (see schedule below)
27 Constantine (see schedule below) "Costume Day"	28 Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-4 STAR 5-GOLD	29	30	31 Catarqui Kinsmen Ice 4:00-5:20 pm STAR 5-Gold 4:30-5:20 pm STAR 1-4 Plus		

CONSTANTINE - Saturday Schedule

6:00-8:50 am STAR 5-GOLD
 8:00-8:50 am STAR 2-4 & STAR 5-GOLD GROUPS (Plus 7:10-8:00 am)
 8:50-9:00 am FLOOD
 9:00-9:50 am PRE STAR AND STAR 1
 9:50-10:00 am CANSKATE SET UP
 10:00-10:45 am CANSKATE/ PRE CANSKATE/PARENT ASSIST (A Session)
 10:45-11:30 am CANSKATE /PRE CANSKATE/PARENT ASSIST (B Session)
Note: CanSkate Sessions include 10 minute off-ice warm up
 A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am
 Adult/Teen -- 7:00-7:45 pm A/CANSKATE 1-3 7:45-8:30 pm A/CANSKATE 4-6
 7:00-8:50 pm A/STAR 1-3 GROUP 7:00-8:50 pm A/STAR Ice

CONSTANTINE - Sunday Schedule

6:00-8:50 am STAR 5-GOLD
 8:00-8:50 am STAR 2-4 & STAR 5-GOLD GROUPS (Plus 7:10-8:00 am)
 8:50-9:00 am FLOOD
 9:00-9:50 am PRE STAR AND STAR 1
 9:50-10:00 am CANSKATE SET UP
 10:00-10:45 am CANSKATE/PRE CANSKATE /PARENTASSIST (A Session)
 10:45-11:30 am CANSKATE/PRE CANSKATE /PARENTASSIST (B Session)
Note: CanSkate Sessions include 10 minute off-ice warm up
 A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am