

Fort Henry Heights Skating Club – Calendar – December 24

1124

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 "60 YEARS"	Deadline Dates: Colouring Contest Sheets Due – 15 December					30 Nov Constantine <i>(see schedule below)</i> Adult/Teen <i>(see schedule below)</i>
1 Constantine <i>(see schedule below)</i>	2 Cataraqui Kinsmen Ice 4:30-5:20 pm STAR 1-4 STAR 5-GOLD	3	4	5 Cataraqui Kinsmen Ice 4:00-5:20 pm STAR 5-Gold 4:30-5:20 pm STAR 1-4 Plus	6	7 Constantine <i>(see schedule below)</i> Adult/Teen <i>(see schedule below)</i>
8 Constantine <i>(see schedule below)</i>	9 Cataraqui Kinsmen Ice 4:30-5:20 pm STAR 1-4 STAR 5-GOLD	10	11	12 Cataraqui Kinsmen Ice 4:00-5:20 pm STAR 5-Gold 4:30-5:20 pm STAR 1-4 Plus	13	14 Constantine <i>(see schedule below)</i> Adult/Teen <i>(see schedule below)</i>
15 Constantine <i>(see schedule below)</i>	16 Cataraqui Kinsmen Ice 4:30-5:20 pm STAR 1-4 STAR 5-GOLD	17	18	19 Cataraqui Kinsmen Ice 4:00-5:20 pm STAR 5-Gold 4:30-5:20 pm STAR 1-4 Plus	20	21 SANTA SKATE CAN A – 10:00-10:45 CAN B – 10:45-11:30 No Adult/Teen
22 PRE STAR/STAR As per regular timings No CANSKATE Classes	23 No Skating	24	25 HAPPY HOLIDAYS	26 No Skating	27	28/29 No Skating Regular Weekend classes resume Jan 4-5

CONSTANTINE ARENA - Saturday Schedule

6:00-8:50 am STAR 5-GOLD
 8:00-8:50 am STAR 2-4 & STAR 5-GOLD GROUPS (Plus 7:10-8:00 am)
 8:50-9:00 am FLOOD
 9:00-9:50 am PRE STAR AND STAR 1
 9:50-10:00 am CANSKATE SET UP
 10:00-10:45 am CANSKATE/ PRE CANSKATE/PARENT ASSIST (A Session)
 10:45-11:30 am CANSKATE /PRE CANSKATE/PARENT ASSIST (B Session)
Note: CanSkate Sessions include 10 minute off-ice warm up
 A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am
 Adult/Teen -- 7:00-7:45 pm A/CANSKATE 1-3 7:45-8:30 pm A/CANSKATE 4-6
 7:00-8:50 pm A/STAR 1-3 GROUP 7:00-8:50 pm A/STAR Ice

CONSTANTINE ARENA - Sunday Schedule

6:00-8:50 am STAR 5-GOLD
 8:00-8:50 am STAR 2-4 & STAR 5-GOLD GROUPS (Plus 7:10-8:00 am)
 8:50-9:00 am FLOOD
 9:00-9:50 am PRE STAR AND STAR 1
 9:50-10:00 am CANSKATE SET UP
 10:00-10:45 am CANSKATE/PRE CANSKATE /PARENTASSIST (A Session)
 10:45-11:30 am CANSKATE/PRE CANSKATE /PARENTASSIST (B Session)
Note: CanSkate Sessions include 10 minute off-ice warm up
 A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am