


Fort Henry Heights Skating Club- Program Schedule – March 2024

11 March

Sunday	Monday	Tuesday	Wednesday	Thursday		Saturday
					1	2 Constantine (see schedule below) Adult/Teen 6:45 -8:15 pm
3 Constantine (see schedule below)	4 Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-3 STAR 4-GOLD	5	6	7 Catarqui Kinsmen Ice 4:00-5:20 pm STAR 4-Gold 4:30-5:20 pm STAR 1-3 Plus	8	9 Constantine (see schedule below) Adult/Teen 2:45-4:15 pm
10 Constantine (see schedule below) TIME CHANGE	11 Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-3 STAR 4-GOLD	12	13	14 Catarqui Kinsmen Ice 4:00-5:20 pm STAR 4-Gold 4:30-5:20 pm STAR 1-3 Plus	15	16 Constantine (see schedule below) Adult/Teen 3:00-4:30 pm
17 Constantine (see schedule below)	18 Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-3 STAR 4-GOLD	19	20	21 Catarqui Kinsmen Ice 4:00-5:20 pm STAR 4-Gold 4:30-5:20 pm STAR 1-3 Plus	22	23 LAST REG WEEKEND Constantine (see schedule below) Adult/Teen 6:00-7:30 pm
24 LAST REG WEEKEND Constantine (see schedule below)	25	26	27	28	29	30 ICE SHOW PRACTICE TBA
31 ICE SHOW PRACTICE TBA	Ice Show Practice Schedule to be Announced – Information provided by Email FHHSC WILLY WONKA AND THE CHOCOLATE FACTORY – PRESENTED APRIL 6 TH AND 7 TH					

Constantine - Saturday Schedule	Constantine - Sunday Schedule
6:00-8:50 am STARSKATE	6:00-8:50 am STARSKATE
8:00-8:50 am STAR 1-3 (Plus 7:10-8:00 am)	8:00-8:50 am STAR 1-3 (Plus 7:10-8:00 am)
8:50-9:00 am FLOOD	8:50-9:00 am FLOOD
9:00-9:50 am PRE STAR AND HOCKEY CANSKATE	9:00-9:50 am PRE STAR AND HOCKEY CANSKATE
9:50-10:00 am CANSKATE SET UP	9:50-10:00 am CANSKATE SET UP
10:00-10:45 am CANSKATE/ PRE CANSKATE/PARENT ASSIST (A Session)	10:00-10:45 am CANSKATE/PRE CANSKATE /PARENTASSIST (A Session)
10:45-11:30 am CANSKATE /PRE CANSKATE/PARENT ASSIST (B Session)	10:45-11:30 am CANSKATE/PRE CANSKATE /PARENTASSIST (B Session)
Note: CanSkate Sessions include 10 minute off-ice warm up A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am	Note: CanSkate Sessions include 10 minute off-ice warm up A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am